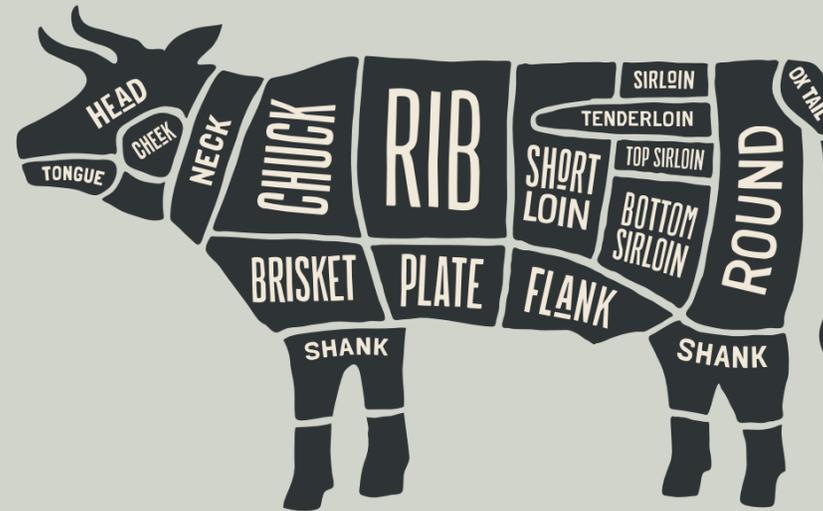




# ASHDOWN PARK

HOTEL  
★★★★



## FOOD PHILOSOPHY

*The Hotel Owners Local Redmond Family Farm in Craanford is approximately five miles outside the market town of Gorey and supplies all our "Aberdeen Black Angus" Beef and much of the salads and vegetables that are used in the Ashdown Park Hotel under the watchful eye of Our Farm Manager Michael "Rooster" Rossiter, our Horticulturalist Andrea McCann and Our Head Chef Andrew O'Gorman.*

*On the farmland in the parish of Craanford, over 900 head of grass fed Angus Beef Cattle are being reared. "For us, provenance is key", says Paddy Redmond. "Customers need to know the origin of the excellent quality of food we have on offer". On a field scale, we grow Rooster Potatoes, Carrots and Parsnips, Swede Turnips, Broccoli, Cauliflower, Brussels Sprouts, Romanesco Cauliflower, Purple Sprouting Broccoli and Celeriac. Indoors we grow Salads and Herbs, Peas, Beans and some less common veg e.g. Kohl Rabi. During the months where our own crops are just growing on, we are lucky to have access to excellent produce grown locally. It's an exciting project and one we are very proud of.*

## SUPPLIERS

*Redmond Farm Beef & Vegetables | Pat O'Neill Pork & Bacon | Fancy Fungi Mushrooms | Killowen Yogurt  
La Rousse Food | Kish Fish | Cullens | Tirlán | Sylvester Burkes' Eggs | Italicatessen*



## STARTERS

<b>Josper Gambas Pil Pil (AC)</b> <sup>(1 Wheat, 2, 7, 12)</sup> Prawns & Baby Potato Confit, Coriander & Tomato Salsa, Grilled Sourdough	<b>€12.50</b>
<b>Crispy Chicken Wings</b> <sup>(1 Wheat, 6, 7, 9, 10, 11, 12)</sup> Tossed in Spiced BBQ, Pickled Red Onion, Ranch Sauce	Small <b>€10.50</b> Larger <b>€15.00</b>
<b>Hearty Minestrone Soup (V)</b> <sup>(1 Wheat, 6, 7, 9)</sup> Chunky vegetables & pasta in a tomato broth	<b>€8.50</b>
<b>Stuffed Mushrooms</b> <sup>(1 Wheat/Oats, 3, 7, 8 Almonds, 10)</sup> Bacon & Blue Cheese Stuffed Baby Bella Mushrooms, Roast Garlic Aioli, Rocket Salad	<b>€9.50</b>
<b>Goats Cheese (AC) (V)</b> <sup>(1 Wheat, 6, 7, 8, 12)</sup> Whipped Irish Goats Cheese with Pickled Beet Relish, Sourdough Crouton, Fig & Walnut Salad	<b>€9.00</b>
<b>Soup of the Day (AC) (V)</b> <sup>(1 Wheat/Oats, 7, 9)</sup> Served with Freshly Baked Soda Bread	<b>€7.00</b>

## SALADS

<b>Caesar Salad (AC)</b> <sup>(1 Wheat, 3, 4, 7, 8, 10, 13)</sup> Salad of Baby Gem, Bread Croutons, Cured Bacon, Aged Parmesan, Pine Nuts, Caesar Dressing	Small <b>€9.00</b> / Larger <b>€12.50</b> Josper Grilled Chicken Fillet <b>€5.50</b> Grilled Josper Prawns <b>€7.50</b>
<b>Roast Pepper, Goats Cheese, Walnut (AC) (V)</b> <sup>(1 Wheat, 6, 8, 11, 12, 13)</sup> Josper Grilled Red Bell Peppers, Candied Walnut Praline, Mixed Leaf Salad, Irish Goats Cheese, Sourdough Croutons, Lemon & Rosemary Oil Dressing	Small <b>€9.50</b> / Larger <b>€12.50</b>

### Head Chef – Andrew O’Gorman

#### ALLERGY ADVICE / DIETARY REQUIREMENTS

We make every effort to be sensitive, accommodate lifestyle choice, understand dietary requirements & highlight them on our menu, just let us know & we will help you through your choices. With that in mind, we can't get to a flour-free environment it is simply not possible for us to guarantee that our busy kitchen is 100% allergen free.

V (Vegetarian) GF (Gluten Free) AC (Adaptable for Coeliac) VV (Vegan & Vegetarian)

#### ALLERGEN LIST

1 Cereals containing Gluten - Wheat such as Spelt, Kharasan Wheat, Rye, Barley and Oats  
2 Crustaceans 3 Eggs 4 Fish 5 Peanuts 6 Soybean 7 Milk 8 Nuts 9 Celery 10 Mustard  
11 Sesame Seeds 12 Sulphites 13 Lupin 14 Mollusca

## THE JOSPER

Josper Coal Grill Oven is a Spanish BBQ Grill Oven heating up to 500 degrees Celsius, adding flavour while retaining the natural juiciness making mouthwatering goodness from the finest embers of the food. The Josper adds character to our Best Steak Challenge Awarding Steaks.



All of the Redmond Farm Black Angus Beef we use in the Ashdown Park comes from our own farm in Craanford, just 10 minutes' drive from Gorey. All our Redmond Farm Angus Beef is aged in house for minimum of 21 days. Some cuts aged up to 30 days like the ribeye for steak and prime rib for roasting. This gives us full control of our beef and we won't use it until it is perfectly aged so it becomes tender and full of flavour.

283g = 10oz / 227g = 8oz / 198g = 7oz / 170g = 6oz

<b>Grilled Ribeye</b>	<b>10oz €38.00</b>
<b>Striploin</b>	<b>8oz €31.00</b>
<b>Fillet</b>	<b>6oz €35.00</b>
<b>Rump Steak</b>	<b>6oz €22.00</b>
<b>ADD to your Steak</b>	<b>Prawns €7.50</b>

**Steak Garnishes (GF):** All served with dressed Redmond Farm Chips, Portobello Mushroom with Onion Confit

**Choice from:** Peppercorn Sauce <sup>(7, 9, 10)</sup>, Garlic Butter <sup>(7)</sup>, Caramelised Bordelaise Sauce <sup>(6, 7, 9, 10, 12)</sup>

**Whole 400g Sea Bass on the Bone (GF)** <sup>(1 Wheat, 4, 8, 9, 11, 12, 13)</sup> **€25.00**  
Roasted Courgette with Aubergine & Mushroom Puree, Warm New Potato Salad, Salsa Vierge

**Ivy Redmond Angus Beef Sandwich 7oz (AC)** <sup>(1 Wheat, 6, 7, 10, 11, 12)</sup> **€23.00**  
Served on Grilled Sourdough Bread, Spiced Tomato Chutney, Josper Roasted Garlic Aioli, Rocket Salad, Peppercorn Sauce, Dressed Redmond Farm Chips

**Redmond Angus Burger 8oz (AC)** <sup>(1 Wheat, 3, 6, 7, 10, 11, 12)</sup> **€19.00**  
Seeded Bun, Caramelized Onion Confit, Cheese, American Mustard Aioli, Dressed Redmond Farm Chips

**ADD to your Burger** **Thick cut Grilled Bacon Rasher €2.00**

**Grilled Chicken Supreme (GF)** <sup>(6, 7, 9, 12)</sup> **€20.00**  
Grilled Chicken Supreme with Potatoes, Seasonal Buttered Vegetables, Red Wine Sauce

**Blue** - Very red centre, internal temperature 46 °C  
**Rare** - Cool to warm red centre, tender texture, internal temperature 52 °C  
**Medium Rare** - Warm red centre, perfect steak texture, internal temperature 57 °C  
**Medium** - Warm pink centre, slightly firmer texture, internal temperature 63 °C  
**Medium Well** - Slightly pink centre, firm texture, internal temperature 66 °C  
**Well Done** - Little or no pink centre, very firm texture & much drier, internal temperature 71 °C

## FROM THE LARDER

<b>Grilled Fish of the day (GF)</b> <sup>(4, 6, 7, 9, 12)</sup> Grilled Fillet of the Day with Potatoes, Seasonal Buttered Vegetables	<b>€22.50</b>
<b>Braised Lamb Shank (AC)</b> <sup>(6, 7, 9, 10, 12)</sup> Slow cooked Lamb Shank in Red Wine, Creamy Mash Potato, Honey Roasted Vegetable	<b>€23.00</b>
<b>Josper Grilled Chicken Bap</b> <sup>(1 Wheat, 3, 7, 6, 9, 10)</sup> Grilled Cajun Chicken Fillet, Floury Bap, Ranch Sauce, Red Onion & Sweet Chili Slaw, Cheese, Dressed Redmond Farm Chips	<b>€17.50</b>
<b>Fish "N" Chips</b> <sup>(1 Wheat/Barley, 3, 4, 7, 9, 10)</sup> Fresh Hake Fillet in a Light Batter, Ashdown Salad, Crushed Buttered Peas, Chunky Caper & Gherkin Tartare Sauce, Dressed Redmond Farm Chips	<b>€20.00</b>
<b>Chicken Tikka Masala (AC)</b> <sup>(1 Wheat, 3, 6, 7, 8 Almond/Cashew, 9, 10, 12)</sup> Buttermilk Tender Chicken Pieces in an Indian Spiced Tomato Sauce Served with Rice & Naan Bread	<b>€18.00</b>
<b>Pumpkin Rigatoni</b> <sup>(1 Wheat, 3, 6, 7, 8 Pecan, 9, 10, 12)</sup> Chilli Pumpkin & Tomato Rigatoni, Sorrel & Soured Cream, Pecan Crumble	<b>€18.00</b>

## FLAT BREADS

All flat breads are on focaccia bread

<b>Redmond Angus Meat Balls</b> <sup>(1 Wheat, 7, 10)</sup> Redmond Angus Meat Balls, Tomato Sauce, Vine Cherry Tomato, Peppers, Mozzarella, Rocket Salad	<b>€16.00</b>
<b>Tomato &amp; Mozzarella (V)</b> <sup>(1 Wheat, 6, 7, 8 Pine Nuts, 13)</sup> Assorted Heirloom Tomatoes with Mozzarella, Parmesan, Gruyere, Basil Pesto	<b>€16.00</b>
<b>Spanish</b> <sup>(1 Wheat, 7, 12)</sup> Spicy Chorizo, Coppa, Mozzarella Cheese, Olives, Vine Cherry Tomatoes, Courgette, Red Pepper Hummus	<b>€15.00</b>
<b>Lyonnaise</b> <sup>(1 Wheat, 7, 8 Pine Nuts)</sup> Smoked Bacon, Melted Cheese, Onion Confit, Wild Rocket & Garlic Pesto	<b>€13.50</b>

## EXTRAS

<b>Mac &amp; Cheese</b> <sup>(1, 3, 6, 7, 12)</sup>	<b>€7.50</b>
<b>Fried Onion Rings</b> <sup>(1 Wheat, 3, 7)</sup>	<b>€6.00</b>
<b>Dressed Redmond Farm Chips</b> <sup>(12)</sup>	<b>€4.00</b>
<b>Glazed Mixed of Seasonal Vegetables</b>	<b>€5.00</b>
<b>Bread &amp; Butter</b> <sup>(1 Wheat, 3, 7, 8)</sup>	<b>€4.00</b>
<b>Mashed Creamed Potato</b> <sup>(7)</sup>	<b>€4.00</b>
<b>Tossed House Salad</b> <sup>(9)</sup>	<b>€4.00</b>
<b>Sauce on the Side</b> (Pepper Sauce or Bordelaise Sauce)	<b>€1.50</b>